

I'm Your Partner, Not Your Puppet

**You aren't my puppet master.
You don't own me.**

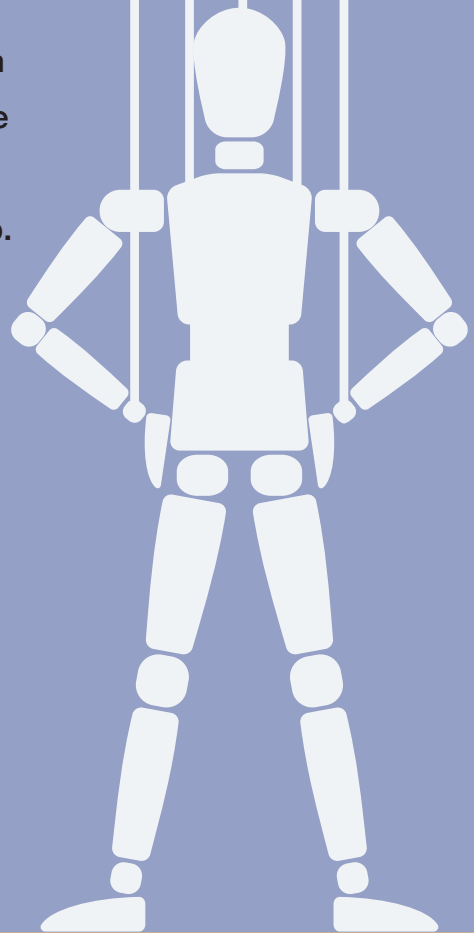
Controlling partners think they are entitled to:

- Approve who you can—and cannot—hang out with
- Check your phone or constantly monitor your location
- Make everything your fault by playing the blame game
- Tell you what to think or how to feel

Only you can set boundaries for yourself in a relationship. Setting boundaries shouldn't be a threat to your partner. Strong relationships never require surveillance, putdowns, or manipulation. Don't give your power away to someone who wants to control your every move.

**You cut the strings.
You set the boundaries.
You regain your freedom.**

Campaign Created by
LACASA's Teen Advisory Council



Are you in a controlling relationship?

Reach out to our Helpline at:

866.522.2725

Learn more at

lacasacenter.org/teencampaign2021



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